



**NO ONE DOES MORE FOR VETERANS**

## Live from Kansas City!

By Commander Jarrod McReynolds



Comrades

The image above is one I just took from my hotel window of the

Kansas City convention center home of this years national convention. It stands as a symbol of the VFW and Auxiliary members from across the United States and overseas coming together even during these uncertain times to ensure the continuation of our great organization.

It is easy at the local level to forget how great and mighty the Veterans of Foreign Wars is, but it is never forgotten how vital each and ever local VFW post is. Because at the end of the day the most direct impact to Veterans and our communities happen at the local level, but each of the programs that start at our local levels ends at the National level.

Coming to a National Convention - I recommended it if you never have - you get an opportunity to see how the work we have all done with our programs and activities translates into the much larger picture of the national level. It truly is inspirational and for many it helps fuel them for the upcoming year.

Speaking of Programs and Activities, it is time to get the word out about membership, Voice of Democracy, Patriot Pen and Teacher of the Year. These are programs that we start with each year, and the ones we are concentrating on now. We have started Social Media messaging for these programs, so please make sure to like and share the Facebook posts, and share them. If you know of a student that is eligible get them an application and encourage them to apply. If you know a teacher encourage them to make it part of their class curriculum this year for their students.

We also will be looking for great teachers for this years Teacher of the Year program, so again if you know of any great teachers please fill out an application and submit their names for the programs.

We have a lot coming up in September, we have the Fall Freedom Festival, the Suicide awareness 5K, Auxiliary Golf Tournament. Lots of great activities to close out the year, and a lot of volunteer opportunities!!!

Jarrod McReynolds

Commander  
[palmerlake.vfw3915@gmail.com](mailto:palmerlake.vfw3915@gmail.com)

# PALMER LAKE VFW POST #3915



[www.palmerlakevfw.org](http://www.palmerlakevfw.org)

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## Auxiliary News

President Dale Palm

Dear Auxiliary Sisters and Brothers,

I am excited to represent our amazing auxiliary for the upcoming year! I have a few important date changes and announcements.

First our **meeting night has changed to August 17th@ 6PM or 1800 military time**. Please make sure to mark this change as it will be important to get as many members to join us as possible because we have some positions that have been vacated by the departure of some amazing active members over the past couple of years and we will need and be asking for volunteers to consider taking on a position. Many of the activities and roles vacant are very rewarding and do not require a ton of time to coordinate. So please plan on attending and possibly consider taking on one of these roles.

Second date change is the golf tournament. The new date for the tournament will be September

18th and time and details to follow soon. Sign-up sheets will be posted at the Post shortly. Also anyone interested in sponsoring a hole or two, the cost will be \$25 per hole.

Last we will be discussing the Fall Festival along with any ideas you may have for new endeavors for our post and the auxiliary future!

Looking forward to seeing as many of you as possible on 8-17, until then, stay safe during your travels and remember to thank a Veteran for their sacrifices and service!

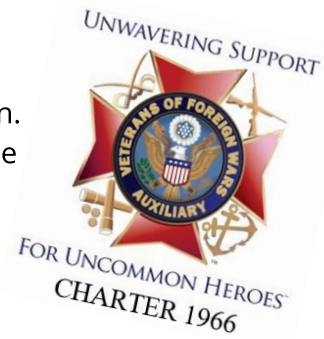
Sincerely,

Dale Palm

Auxiliary President

Palmer Lake VFW Post #3915 Auxiliary

Email: [Auxiliary.vfw3915@gmail.com](mailto:Auxiliary.vfw3915@gmail.com)



## Prayer Corner

By Chaplin Nate Gehl



Palmer Lake VFW is not only a Veteran's organization, but also a family. We grow, work, laugh and morn together.

We morn the passing of Comrade Gary Archambault, memorial details will follow once finalized.

Please keep Lee Mudge in your thoughts and prayers, he is back home from the hospital and Kim is keeping him as comfortable as possible.



## Community Service

Senior Vice Janet Schaak



Have you logged all your community service hours?

[Click Here](#)

This year Community Service is a major focus for All-American Post. We know that there are a lot of community service that is taking place, but is not getting recorded.

Don't be worried if you are not sure if it is eligible, enter it, we will check to make sure that it is. If you are spending time planning an event, or filling out paper work for an activity this all counts. If you volunteer at your church or assist with meals on wheels these activities count. It does not have to be an activity that you are doing directly for the VFW.

Did you spend time at the Post doing some sort of volunteer work such as spring cleaning, this should also be counted. Our website has a great listing of what is eligible, and what should be submitted for community service [here on our website..](#)

Please join us on September 18th at Brookdale Park starting at 7:30 for the return of our annual 5K. Thank you to Dean Lyons who is going to be heading up this event. We are looking for participants and for runners/walkers for the event. More information can be found on the website under the [suicide awareness 5K event page.](#)

There are other events that are also planned, make sure to find out the latest by joining us at our next post meeting. It is going to take us all to make this a successful year of serving our community.

If you hear of an event, or community activity that is going on that you think we should be a part of please be sure to let us know. The more we get involved, the better it is for our organization. Now is the time to make sure that we are making an impact on our community. Remember the people we reach today, could have a big impact on others in the future. You never know what you can accomplish until you try to accomplish it.

Check out the last page for Community Service Graph and Donation Records

### Share the Veterans Crisis Line Number to Save a Life

Crisis Line. This confidential, toll-free, 24-hour-a-day hot line serves Veterans and their loved ones year-round. Reach qualified, caring Responders:

by phone at 800-273-8255,  
via on-line chat on their website, or  
by text message at 838255.





## Membership

Junior Vice Elizabeth Nelson



As with every year with the start of the new VFW year our membership goals will restart. Of course we want to reach 100% as a minimum for the year. Now is the time to reach out to your fellow VFW eligible Veterans and let

them know what we are all about. See the flyer's attached at the end of this news letters for VFW facts and a membership flyer. And don't forget to make sure they mark you down as their sponsor so you get credit for a new member. Make sure to let them know that they can signup through our website and find out more about Palmer Lake VFW.

[Membership Application](#)

[Membership Details](#)

## Youth Activities

Program Chair Janet Schaak

The 2021-22 Voice of Democracy theme is: America: Where Do We Go From Here?

The 2021-22 Patriot Pen theme is: How Can I Be A Good American?

The time is now to reach out to eligible students and let them know about the youth scholarships. We will be posting more on social media soon, please be sure to share and like these posts to help get the word out. If you work in the schools, or know a teacher please let them know that these can be a great class project, that can help one of their students future with a scholarship for college.

We are always looking for scouts to participate in the scout of the year program that will happen at the start of 2022, if you know a scout that is doing great things we will be wanting to talk with them.

## Honor Guard

Honor Guard Commander Robert Hystad



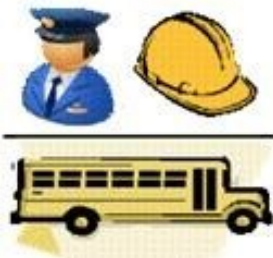
Palmer Lake VFW Honor Guard at Memorial Day 2021

## Veteran and Military Support

By Post Commander Jarrod McReynolds

The VFW Unmet Needs program provides up to \$5,000 in financial assistance to service members and military families who face unexpected financial difficulties as a result of military service. The program assists with the costs associated with basic life needs and does not require repayment. Qualified applicants must have served on active duty within the past 72 months

## Safety



Have you entered into the  
Community service report  
your safety Volunteer  
work?

If you have participated, or assisted in any work that deals with Pedestrian Safety, Drug Awareness, Recreational Safety, Highway Safety, Home and Fire Safety or other Safety projects please submit this on the [Community Service and Volunteer form](#).

Don't forget to also include Time spent donating blood anything that you do for the betterment of others has a place on the Community service and Volunteer form.

## The Cooties Corner

By CCDB Terry Wagner



The Military Order of the Cootie is a subsidiary of the Veterans of Foreign Wars. Established in 1920, the organization is based on the principle of good humor and fun. The Cooties were instrumental in helping to establish the VFW National Home for Children, and National Home and the Cooties share a long and rich history.

Building sponsorship represents a strong commitment to the National Home, and it is critical to our ability to serve struggling families. Home sponsors provide for a home's annual costs, including utilities, lawn care and trash removal, as well as home maintenance and repairs. The National Home is grateful to leadership and members of The Military Order of the Cootie for their commitment to sustaining this house.

Terry E. Wagner

CCDB Pup tent 66

To contact me:

E-mail at [wagnerterry@comcast.net](mailto:wagnerterry@comcast.net)

Or phone at 612-581-2719

Terry E. Wagner

CCDB PT (Sticktites) #66

## Veterans' Issues

By Post Service Officer Jeff Jarosz

Veteran Rapid Retraining Assistance

Program (VRRAP)

The Veteran Rapid Retraining Assistance Program (VRRAP) offers education

and training for high-demand jobs to Veterans who are unemployed because of the

COVID-19 pandemic. Keep reading to find out if you're eligible and how to apply.

Am I eligible for this program?

To be eligible for this program, you must meet all the requirements listed here.

All of these must be true. You're:

- At least 22 years old, but not older than 66, and
- Unemployed because of the COVID-19 pandemic, and
- Not rated as totally disabled because you can't work, and
- Not enrolled in a federal or state jobs program

Note: You can't receive VRRAP benefits at the same time as you're receiving unemployment

benefits (including CARES Act benefits).

If I'm eligible for other education benefits or VRE, can I get

VRRAP benefits?

No. At the time you apply for VRRAP, you can't be eligible for any of these other benefits:

- Post-9/11 GI Bill
- Montgomery GI Bill
- Veteran Readiness and Employment (VRE)
- Survivors' and Dependents' Educational Assistance (DEA)
- Veterans' Educational Assistance Program (VEAP)

Note: You can get VRRAP benefits if you were at one time eligible for the Post-9/11 GI Bill but

you've transferred all of your benefits to family members.

What types of education and training programs does VRRAP cover?

VRRAP covers education and training programs approved under the GI Bill and Veteran

Employment Through Technology Education Courses (VET TEC) that

lead to high-demand

jobs. These include associate degrees, non-college degrees, and certificate programs. The

Department of Labor determines what's considered a high-demand job for VRRAP.

Find out which jobs are considered high demand (PDF)

What benefits can I get through this program?

If you're eligible for VRRAP, you can get:

- Up to 12 months of tuition and fees, and
- A monthly housing allowance based on Post-9/11 GI Bill rates

How do I apply?

You can apply online right now.

Apply for VRRAP education benefits

More information about VRRAP

How long will this program be available?

VRRAP will be available until December 11, 2022. We'll stop making payments on this date—or

when we reach either the \$386 million funding limit or the 17,250 participant limit.

How do I know which schools participate in VRRAP?

You can check our list of participating schools. We'll update this list as schools sign up.

Check the list of schools participating in VRRAP (PDF)

What if I have other questions?

You can call us at 888-442-4551 (TTY: 711). We're here Monday through Friday, 8:00 a.m. to

7:00 p.m. ET.

Last updated: May 25, 2021

If any member has questions about their earned VA benefits, Minnesota Veteran's benefits or questions about filing a VA claim, I can be reached at [jjaros@q.com](mailto:jjaros@q.com) or 763-434-9708

Jeff

## Blood Drive

### VFW Palmer LAKE Post 3915

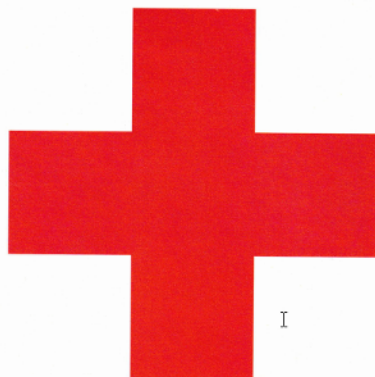
Banquet Room  
2817 N. Brookdale Dr, Brooklyn Park, MN 55444

**Monday August 30th, 2021**  
**1:00 p.m. to 6:00 p.m.**

*Give blood.*

Every 2 seconds someone  
in the U.S. needs blood.

**American Red Cross**



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# Legislation

## BUDGET

To fully fund programs for veterans, service members, and their families, Congress must:

- Reform the dysfunctional federal budget process.
- Authorize VA to receive reimbursements from TRICARE and Medicare.
- Properly fund the POW/MIA full accounting mission. Never reduce one veteran's benefits to pay for another.

## HEALTH CARE

To ensure service members and veterans receive timely access to high-quality health care without increasing cost shares, Congress, VA and DOD must:

- Reduce the number of service members and veterans who die by suicide.
- Preserve the integrity of TRICARE.
- Properly implement VA and DOD health IT systems.
- Strengthen care and research for mental health and traumatic brain injury (TBI).
- Improve programs and services for women and minority veterans.
- Research and effectively treat health conditions associated with toxic exposures.
- Eliminate copayment requirements for preventive health care, including medications.
- Research the efficacy of medical cannabis. Expand telehealth services.
- Expand nursing home eligibility, and long-term care options.

## DISABILITY ASSISTANCE AND MEMORIAL AFFAIRS

To ensure veterans and their survivors have timely access to earned benefits, Congress and VA must:

- Properly implement the modernized appeals process.
- Consider treatment of presumptive conditions as a claim for disability compensation.
- Extend Persian Gulf War disability compensation eligibility beyond 2021 and to Afghanistan-theater veterans, and reform the relevant Disability Benefits Questionnaire.
- Establish presumptive disability compensation benefits for hearing loss, tinnitus, TBI, blast survivors, and for health conditions associated with toxic exposures.
- Require VA to accept private medical evidence in lieu of VA examinations.
- Increase burial allowances to account for inflation and include spouses' information on all headstones.
- Authorize more than one adaptive automotive grant for disabled veterans.
- Update regulations and laws governing claims to account for digital claims processing.
- Transfer control of the Mare Island Naval Cemetery to the National Cemetery Administration.

## EDUCATION, EMPLOYMENT, AND TRANSITION ASSISTANCE

To ensure veterans succeed after leaving military service, they must have access to:

- Timely and improved transition assistance, including access to programs after they leave military service.
- High-quality and sustainable education benefits. Strong employment and training programs.
- Small business development opportunities.
- Civilian credentials or academic credit for military training.
- Hiring preferences in the civil service and with large government contractors.
- National veterans treatment court advocates.
- Education and training in new and expanding career fields.
- Affordable housing and wraparound services to avoid homelessness.
- Improved character of discharge review and appeals procedures.

## MILITARY QUALITY OF LIFE

To maintain a quality, comprehensive benefits and retirement package that is the backbone for an all-volunteer force, Congress and DOD must:

- Increase military base pay comparability with private sector wages.
- Protect and improve on-base quality of life programs.
- Ensure that military housing is safe and free of toxic substances.
- End the military retirement pay and VA disability compensation offset.
- Eliminate sexual assaults in the military. Establish the Armed Forces

University.

- Ensure equity of benefits for Reserve component service members.
- Improve stability and support for military families.

## NATIONAL SECURITY, FOREIGN AFFAIRS, AND POW/MIA

To fully support service members and their mission to fight the war on terrorism, and protect our nation's citizens and interests around the world, Congress and DOD must:

- Expand partnerships with host nations and private/public organizations to achieve the fullest possible accounting of U.S. military personnel missing from all wars.
- Provide the necessary funding of at least five percent of GDP for the readiness, training, modernization, health care, and quality-of-life initiatives for the armed forces.
- Preserve the all-volunteer force.

The VFW Action Corps Weekly, an easy-to-read electronic newsletter that highlights the VFW's advocacy efforts on Capitol Hill. Immediate access to a nationwide database of contact information for all elected officials, a congressional directory.



Regular VFW "Action Alerts" on how to get involved when our nation's veterans, service members and their families need their voices heard on Capitol Hill.

To view this week's edition: [Click here](#)

# Buddy Poppies

Program Chair Past Dep. Commander Lee Ulferts

Thank you to all of the volunteers that assisted in Distributing Poppies.

In Flanders Fields

BY JOHN MCCRAE

In Flanders fields the poppies blow

Between the crosses, row on row,

That mark our place; and in the sky

The larks, still bravely singing, fly

Scarce heard amid the guns below.

We are the Dead. Short days ago

We lived, felt dawn, saw sunset glow,

Loved and were loved, and now we lie,

In Flanders fields.

Take up our quarrel with the foe:

To you from failing hands we throw

The torch; be yours to hold it high.

If ye break faith with us who die

We shall not sleep, though poppies grow

In Flanders fields.

In comradeship,

Lee Ulferts



## Veteran and Post Activities



SATURDAY, AUGUST 14, 2021 AT 12 PM

### 4th Annual Bags Tournament!

SATURDAY, SEPTEMBER 11, 2021 AT 2 PM

### Fall Freedom Festival



SATURDAY, SEPTEMBER 18, 2021 AT 7:30 AM

### 5th Annual Suicide Awareness 5K

SATURDAY, SEPTEMBER 18, 2021

### Auxiliary Golf Tournament





# Americanism and Citizenship

Program Chair Jarrod McReynolds

## Upcoming Holidays Dates

Date	Holiday
Aug 4	Wednesday Coast Guard Birthday
Aug 7	Saturday Purple Heart Day
Aug 9	Monday Victory Day
Aug 10	Tuesday Muharram
Aug 15	Sunday Assumption of Mary
Aug 16	Monday Bennington Battle Day
Aug 19	Thursday National Aviation Day
Aug 20	Friday Hawaii Statehood Day
Aug 21	Saturday Raksha Bandhan
Aug 21	Saturday Senior Citizens Day
Aug 26	Thursday Women's Equality Day
Aug 27	Friday Lyndon Baines Johnson Day

## Dates to Note

**Next Aux meeting** Aug 17th at 6:00 PM at Post and via Zoom

[Join Zoom Meeting](#)

Meeting ID: 852 7320 9602

Passcode: 056403

Dial in by Phone +1 312 626 6799

Meeting ID: 852 7320 9602

Passcode: 056403

**Next Post meeting** Aug 11th at 1900 at Post and via Zoom

[Join Zoom Meeting](#)

Meeting ID: 895 6318 4205

Passcode: PLVFW

Dial in by Phone +1 312 626 6799

Meeting ID: 895 6318 4205

Passcode: 705340

District Meeting October 16th 10 am @ Bloomington Post # 1296

Department Conference September 25-27th Wilmar MN

Fall Freedom Festival September 11th

Suicide Awareness 5k September 18th

Members Dinner October 23rd

# Canteen Calendar

Club Manager Andrea Moy

August 2021							August 2021							September 2021						
							Su	Mo	Tu	We	Th	Fr	Sa	Su	Mo	Tu	We	Th	Fr	Sa
							1	2	3	4	5	6	7				1	2	3	4
							8	9	10	11	12	13	14	5	6	7	8	9	10	11
							15	16	17	18	19	20	21	12	13	14	15	16	17	18
							22	23	24	25	26	27	28	19	20	21	22	23	24	25
							29	30	31					26	27	28	29	30		
Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday														
Aug 1	2	3	4	5	6	7														
	*HAPPY HOUR 5-7*	*HAPPY HOUR 5-7* 5 PM MEAT RAFFLE 6PM HORSESHOES	*HAPPY HOUR 5-7* 5-7 GRILL NIGHT 6:30 PM BINGO	*HAPPY HOUR 5-7*	*\$12 BEER BUCKETS* 5-7 GRILL NIGHT 7PM BARGO	3:30 MEAT RAFFLE 3:30 HORSE RACES DJ JEFF 730PM														
8	9	10	11	12	13	14														
	*HAPPY HOUR 5-7* PURSE BINGO 630PM	*HAPPY HOUR 5-7* 5 PM MEAT RAFFLE 6PM HORSESHOES	*HAPPY HOUR 5-7* 5-7 GRILL NIGHT 6:30 PM BINGO	*HAPPY HOUR 5-7*	*\$12 BEER BUCKETS* 5-7 GRILL NIGHT 7PM BARGO	3:30 MEAT RAFFLE 3:30 HORSE RACES BAGS TOURNAMENT KARAOKE 730PM														
15	16	17	18	19	20	21														
	*HAPPY HOUR 5-7*	*HAPPY HOUR 5-7* 5 PM MEAT RAFFLE 6PM HORSESHOES	*HAPPY HOUR 5-7* 5-7 GRILL NIGHT 6:30 PM BINGO	*HAPPY HOUR 5-7*	*\$12 BEER BUCKETS* 5-7 GRILL NIGHT 7PM BARGO	3:30 MEAT RAFFLE 3:30 HORSE RACES DJ JEFF 730PM														
22	23	24	25	26	27	28														
	*HAPPY HOUR 5-7*	*HAPPY HOUR 5-7* 5 PM MEAT RAFFLE 6PM HORSESHOES	*HAPPY HOUR 5-7* 5-7 GRILL NIGHT 6:30 PM BINGO	*HAPPY HOUR 5-7*	*\$12 BEER BUCKETS* 5-7 GRILL NIGHT 7PM BARGO	3:30 MEAT RAFFLE 3:30 HORSE RACES KARAOKE 730PM														
29	30	31	Sep 1	2	3	4														
	*HAPPY HOUR 5-7*	*HAPPY HOUR 5-7* 5 PM MEAT RAFFLE 6PM HORSESHOES																		

2021	2020	2019	2018
Total Since 2018: \$129,560.48			
Total for 2021: \$13,520.00			
Month	Donation To	Donation Amount	
January	Softball Team	\$500.00	
February	Youth Hockey	\$450.00	
February	OPC Girls hockey	\$1,000.00	
February	Softball Team	\$500.00	
February	Champlin Park HS	\$750.00	
March	Brooklyn Park Fire Charitable Association	\$500.00	
March	Fishing for Veterans	\$3,000.00	
March	District 7	\$500.00	
March	Scout of the year Winner	\$200.00	
March	VFW Rider passport	\$20.00	
March	Spirt Team Nearly Naked Ruck March	\$500.00	
April	Veterans on the Lake	\$500.00	
June	Ms Houstons's Caring Hands	\$500.00	
July	Relief for Veteran	\$4,000.00	
July	Every Third Saturday	\$600.00	

Palmer Lake VFW: Community Service Hours by Month over Years

